

RGS Review

BY Jesse David Lent

Chief Editors: Mary Auringer and Kyla Wenzel

FREE

Inside

School News	1
Healthy Tips	1
Vacations	2
Halloween Dance	2
Homework Tips	2
Movie Review	2

WE'RE BACK!

RECESS BEFORE LUNCH

by Alex Lawson

In RGS, this year's school recess is before our lunch. Near the first week of school, we only had about 5 minutes of recess but as the days passed the recess got longer and longer. I have a lot of fun during recess this year because when I am on the swings, I like to talk to my friends. I like that different classes eat their lunches at different times. Although, I still get to see my friends during lunch.

When we are done with our lunch, we all sit at the tables, then we get called to line up. When the classes walk down they like looking in the court yard to watch Aila chase birds and play with her cube. Many kids disagree about recess first, but it's a great way to get active right away!

Tips for Healthy Lunch Snacks Written by Ashley Carpenter

- Baked Lays, assorted varieties, 7/8 oz Brand: Lays
- 100 Calorie Snacks, assorted varieties, 22g Brand: Nabisco
- Granola Bar, assorted varieties, 42g Brand: Nature Valley
- Pita Puffs, assorted varieties, 6oz Brand: Pita Puff
- Pita Chips, assorted varieties, 7oz, Brand: Pita Puff

Healthy and Yummy Lunches Written by Jade Mitchell

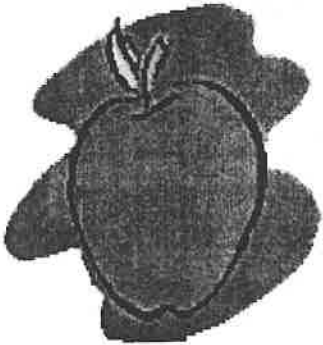
Everybody loves our school lunches. Sometimes though, they aren't as healthy as they could be. However, it's a new school year. There is still time to change things!

One thing we could do is put in a salad bar. Then the kids could put what they want into their salad. Some things that are healthy that we could have are carrots, mushrooms, apples and peaches. A salad bar would be nutritious and delicious!

It is a real treat to sometimes have some of the snacks. The orange-cilces and pretzel rods seem to be very popular. The hot lunches are usually pretty good and usually a healthy treat.

Our school lunches have changed over the years. We should all be thankful and be healthy!

*This issue was edited by the entire Gr. 5 Publishing Group!



Vacations Over the Summer

Written by Beth Allred

Our Robert Graves students kept busy over the summer months.

Read to find out what one person from each grade did over the summer!

Grade K: Ryan Fitzgerald went to the summer program at Forsyth Park. Ryan also got a new pool. It was amazing that she swam with no swimmies by himself. She can swim to the ladder in their pool. She said, "Next year I am getting a slide. She also thinks school is the best.

Grade 1: Liam Allred went to Disney World in Orlando, Florida this summer. He had fun on the *Buzz Light Year* ride. He also had lots of fun doing Jedi training. He actually got to fight Darth Vader. At Sea World he got soaked at the Shamu Show. "I had a lot of fun," Liam said.

Grade 2: Madison Wenzel went to Virginia Beach. She went to Bush Gardens where there are many rides. Her favorite right was *The Big Bad Wolf* roller coaster. She went with her family on vacation.

Grade 3: Makenna Sepesi went to the summer park program at Ross Park. She played dodge ball there. Her brother Robby went to the camp program too. She also had lots of fun playing kick ball. She really enjoyed the park program.

Grade 4: Tyler Cafftery went to Illinois for one whole month. Her went to a water park while he was there. He stayed with his grandparents. "My grandparents have chicks, cows, donkeys, cats and geese." He went by himself on the plane. The last week of the month, his parents ended up coming to visit as well. They all flew back together. Tyler enjoyed his stay.

Grade 5: Jordan Schwark went to the Summer Program at Ross Park. He played dodge ball, whiffle ball and kick ball there. "There was all different things to do there," he explained. Jordyn also had fun at the park program.

Homework Tips

Written by
Ryleigh Goodrich

Grade 5: Space out your assignments.

Grade 4: Ask your teacher for help before you go home.

Grade 3: Pay attention during the day so that homework will be easier to do.

Grade 2: Double check that you have all of your materials before you leave school.

Grade 1: Pick a quiet place to do homework.

Grade K: Pick a good time to do your homework. Have a snack first!



4th and 5th Graders Halloween Dance Written by Mary Auringer

Attention fourth and fifth grades students: Get ready to party because the Robert Graves Fifth Grade Parent Activity Committee is hosting a Halloween Dance. Grab a costume and head on down to the cafeteria on Tuesday, October 30th from 6-8 PM. There will be Halloween style snacks and drinks. There will also be a DJ playing some of your favorite tunes and the dance floor will be open to boogie-woogie 'till you just can't boogie-woogie no more! Maybe you can be an angel, pirate or even a monkey. It is your choice. Keep in mind to wear something appropriate. **HAPPY HALLOWEEN!**

Shrek the Third

Written by Dane Warren

In *Shrek the Third*, the King of Far, Far Away dies and the people of Far Far Away need a new king. Everybody wants Shrek to be the new king but he doesn't want to be. So he sets out with Donkey and Puss in Boots to find the only other person that could be king, Arthur. Oh, did I mention that Fiona, Shrek's wife is pregnant? *Shrek the Third* is a funny and entertaining movie that will keep you on the edge of your seat. Be ready for Shrek to come out on DVD on November 13, 2007.