

PreK Resources

A daily routine helps children to feel they have an understanding of what comes next in their day. It is especially important during a time like this. You will find setting up and keeping to a routine will help your child to feel calm and confident.

Washing hands often is very important. A fun way to do this with your child is to have them sing the Happy Birthday song while scrubbing their hands with soap followed by rinsing with warm water.



Before 9:00 am: Follow your morning wash up and breakfast routine.

9:00 am Soft Landing: No electronics. This is a good time to explore: puzzles, LEGOs, building toys, collectables



9:30 Question of the Day – Inquiry A question of the day for the week will be posted on the KCSD website to prompt a discussion with your child. This will be followed by activity ideas to support the topic. For example, “Where does rain come from?”



10:30 Outdoor time, Indoor exercise



11:00 Music, movement, poems



11:30 Lunch: Wash hands, follow the lunch routine your family uses

12:30 Chore Time: Work with your child to have a bit of clean up time, organize toys, or your child’s bedroom. Wash all door handles.



1:00 Story Time – Quiet Time: Read a story to your child followed by some well deserved quiet time. Your child may nap, look at books, or just rest and reflect. Time to reflect on the day is critical allowing your child to process all that is going on around us.



2:00 Learning Fun: This is a time when a bit of educational TV, computer time, tablets, or puzzles are good.



3:00 Fresh Air: Take a walk, play in the yard. This is usually a good time to reflect on and discuss the Question of the Day.

Ideas for At Home Activities:

1. Ocean sensory bin

(water, blue food coloring, ocean animals)

2. Toy Car Wash

(toy cars, water, soap, sponge, wash cloth)

3. Baking soda and vinegar experiment

(baking soda, vinegar, food coloring)

4. Make slime

(glue, baking soda, lens solution, food coloring)

5. Color mixing with colored ice cubes

(ice cube tray, food coloring, water)

6. Make rainbow rice

(rice, food coloring, vinegar)

7. Make & paint with puffy paint

(white glue, food coloring/paint)

8. Make color mixing bags

(plastic bag, water, food coloring, glitter)

9. Salt painting

(paper, permanent marker, salt, food coloring)

10. Free the frozen animals

(water, toy animals)

11. Bubble prints

(water, soap, food coloring, straw, paper)

12. Rain cloud experiment

(water, shaving cream, liquid watercolors)

13. Clean the baby dolls

(baby dolls, water, soap, towel)

14. Make sensory bottles

(water bottle, water, glue, food coloring, glitter)

15. Make ice paint

(water, ice cube tray, popsicle sticks)

16. Ice painting

(ice, paint)

17. Target practice with spray bottles

(Paper, tape, spray bottles, water, paint)

18. Citrus sensory bin

(old orange/lemon, water, food coloring)

19. Toy wash

(plastic toys, water, soap, sponge, towel)

20. Dance party with flash lights

(music, flash lights, dance moves)

21. Create an obstacle course

(Items from around the house)

22. Color bath

(liquid water colors or food coloring, water)

23. Paint the bath/shower walls

(washable paint, paint brushes)

24. Decorate a cardboard box

(cardboard box, anything you want to decorate with)

25. Black water scavenger hunt

(water, black food coloring, things to find)

26. Play foam sensory bin

(soap, water, food coloring, blender)

27. Giant coloring page

(roll of paper, black crayon, water color paint)

28. Pom pom soup

(pom poms, water)

29. Dot the rainbow

(paper, markers, dot markers or stickers)

30. Make & play with cloud dough

(Flour, oil, food coloring)

Academic Resources:

- “Read” or listen to and talk about books
- Read daily to children and discuss books
- [Scholastic At Home Learning](#)
- [At Home Learning Choice Boards](#)

Movement and Music:

- [Cosmic Kids Yoga](#)
- **Had a Little Rooster - Songs for Singing and Dancing**
- **There's a Hole in the Bucket - Songs for Singing and Dancing**
- **Old Joe Clark - Songs for Singing and Dancing**
- **Classical Music for Keeping a Steady Beat**
- **Raffi - Songs for Singing and Dancing**

Art Ideas:

- Bugs – These can be made using egg cartons cut at various lengths: long for a caterpillar, short for an ant or ladybug and so on. These can be detailed with crayons, markers, and button eyes!
- Coffee filter butterflies – All your child needs is food coloring to put droplets of color on the filter and watch what happens! This can also be a lesson on mixing colors. A bread twisty tie or clothes pin can make the body.
- Coffee filter flowers – Invite your child to cut the filter into flower shapes. Watch the flowers bloom in color as they drop food coloring on the filter! These can also be colored magic markers.
- Seed Mosaics- You need dry beans, seeds, glue and sturdy paper or a paper plate. Invite your child to draw a picture of something they see on your Spring walk. Then put a line of glue on the outline of their drawing. Your child finishes by putting the beans and seeds on the glue



Rainy day? No worries! [Click here](#) for lots of great ideas on engaging your child in play and learning focused on the topic of rain!

Your Tree Activity

- Look for a tree in your yard, out your window, or near your house.
- Make this “your tree” during the weeks of Spring.
- Observational Drawing -Once a week– Have your child take a paper and pencil and get as close to the tree as you can. Look carefully at your tree and draw what you see. Try to count 5 details you see and draw.
- Back inside your child can add color detail with crayons or markers.
- Dictation – Ask your child, “Tell me all about your tree”, “Can you tell me more?”. Write what your child says as your child watches their words move into the written word. Read this a few times with your child.
- Keep the drawings/dictation stories over the weeks. This offers a great conversation as the tree changes: buds form, leaves open, it may bloom! This can ultimately become a book MY TREE.
- Bark – The bark on a tree protects the inside of a tree – much like your skin protects you!
- Gently touch the bark with your child and ask your child “How does the bark feel?”, “Describe it.”, “What does the bark look like?” “Tell me more.”
- Use a crayon and paper to make a bark rubbing. Making a few of these in many different colors, bring them inside. Monitor your child using a scissor to cut out fun shapes, glue them to a paper to create a mural!
- Tree Home- Watch your tree over the upcoming weeks! Who lives there? A bird, A squirrel? An insect? Draw the many animals you see that depend on this tree.
- Google – Help your child learn about the tree they have chosen. Its name, fun facts. It is also fun to learn fun facts about the animals that live in the tree!

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