



Kingston Field Hockey Mini-Camp 2019

Campers in grades K-8

Monday – Wednesday August 26 – August 28

Time : 6:00 P.M. – 8:00 P.M. **Location** : *Dietz Stadium*

Purpose: To teach young girls the basic of field hockey technique, game play, socialize and to fall in the love with the game. Athletes will learn basic skills such as stick work, ball handling, offense and defense positioning as well as overall team play and teamwork.

Staff: Both coaches of the Kingston Varsity and Junior Varsity teams will be directing and facilitating the camp. The campers will be split up and coached by athletes of the Varsity and Junior Varsity teams. This camp has been a very successful in the past and the campers learn a lot but we all have a great time (coaches included)!

Fee: \$50 per camper

Equipment: Campers may use their own equipment. Campers are encouraged to bring their own water. Equipment available for use at the camp: Sticks, balls, mouth guards and shin guards

Questions: Please email Coach Koonz for questions or for more information at erin.koonz@gmail.com

Checks payable to: KHS Field Hockey *Please note all profits from this camp go to the KHS Field Hockey Booster Club to help with extra costs that arise throughout the season such as equipment, travel needs and scholarships. * Thank you for your interest!!*

Application (first come first serve basis): Please send application and payment to:

Erin Koonz
P.O. Box 412
High Falls, NY 12440

Athletes name: _____ D.O.B: _____ Age: _____

Any known allergies: _____ Alerts: _____

Address: _____

Parent/Guardian(s): _____ E-mail: _____

Home phone: _____ Alt. phone: _____

Emergency contact: _____ Relationship: _____

Phone: _____

I _____ hereby give consent for my child to participate in all activities at the KHS Field Hockey Camp. I verify that my child is physically able to participate in all activities I remove this campsite staff, management and Kingston Field Hockey from all liabilities for injuries incurred at this camp.

Parent/Guardian Signature