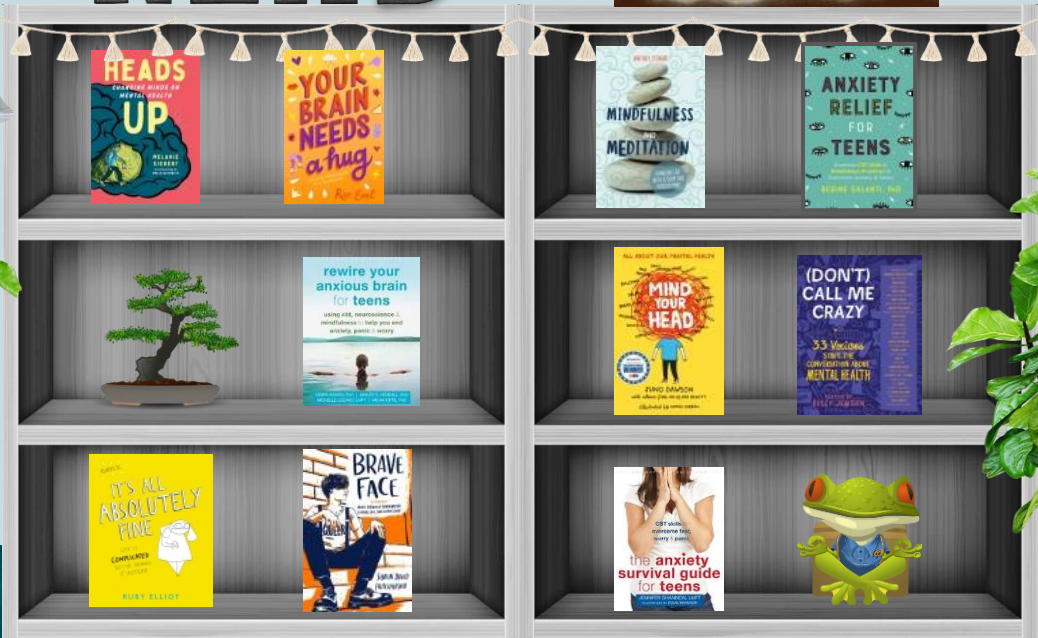


\* 7-min. meditation practice

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