



# Middle School Lunch



**Lunch Prices:**  
**Lunch Reduced** \$0.25  
**Lunch Paid** \$2.20  
**Adult Lunch** \$3.50

6 Monday

## Labor Day



13

1. "Made To Order" Deli Bar
2. Popcorn Chicken with Dipping Sauce

Mixed Vegetables

20



1. Honey Mustard Ranch Chicken Sandwich
2. "Made To Order" Deli Bar

Three Bean Salad (Garbanzo, Green and Kidney Beans)

27

1. "Made To Order" Deli Bar
2. Chicken Fingers with Dipping Sauce

Steamed Broccoli and Cauliflower Mix

7 Tuesday

1. Pizza Day (Meat or Cheese Pizza)
2. Grilled Ham, Turkey and Cheese

Italian Mixed Vegetables

14

1. Bagel Pizza with Meat or Cheese
2. Mozzarella Sticks with Marinara Sauce

Orange Glazed Steamed Carrots

21



1. French Bread Pizza (Veggie or Cheese Pizza)
2. Cajun Chicken Sandwich

Ginger Glazed Buttery Carrots

28

1. Bagel Pizza with Meat or Cheese
2. Meatball Sub with Cheese and Sauce

Roasted Potato Wedges

8 Wednesday



1. Cheese Ravioli with Tomato Sauce
2. Hot Dog on WW Bun

Steamed Peas and Carrots

15

1. Pasta Bar (Meatballs, Chicken, Veggies, Choice of Sauces)
2. Sloppy Joe Melt

Garden Salad with Tomatoes and Cucumbers

22



1. Pasta Bar (Meatballs, Chicken, Veggies, Choice of Sauces)
2. Southwestern Chicken Sandwich

Cucumber Salad (Cucumbers, Onions and Thousand Island Dressing)

29

1. Pasta Bar (Meatballs, Chicken, Veggies, Choice of Sauces)
2. Turkey Corn Dog

Tossed Salad with Tomatoes, Peppers and Cucumbers

Thursday

## School Holiday

9



1. Pizza Day (Veggie or Cheese Pizza)
2. Grilled Ham and Cheese

Seasoned Green Beans

23



1. Pizza Day (Veggie or Cheese Pizza)
2. Pizza Burger

Steamed Wax Cut Beans

30



1. Pizza Day (Veggie or Cheese Pizza)
2. Oven Baked Breaded Chicken

Seasoned Green Beans

Friday

10

1. Twin Beef Tacos with Lettuce, Salsa and Cheese
2. Beef Burrito

Buttery Corn

1. Beef Nachos served over Tostitos with Lettuce, Salsa and Cheese
2. Grilled Turkey and Cheese

Southwestern Corn

24



1. Beef Nachos served over Tostitos with Lettuce, Salsa and Cheese
2. "SCOOL" Burger

(The winner of our promotion in each school will feature their winning burger)  
Buttery Corn

**FUEL** **Fuel This Month:** **FUEL**

**BURGER TIME!**

This month, FUEL gives you the opportunity to feature fun, creative Burgers, different from the typical burger, such as: Pizza Burger, Honey Mustard Ranch Chicken Sand., Cajun Chicken Sandwich and Asian Burger.

**Available Daily:**

1. Hamburger/ Cheeseburger
2. Chicken Pattie Sandwich

**Pb&J on Wheat Cheese Sand. on Wheat**

\*Variety Seasonal Fresh Fruit or Cupped Fruit Available with all Meals.

\*1% Milk, 2% Milk, Low Fat Chocolate and Strawberry Milk

**Grab and Go available Daily:**  
**-Chicken Ranch Salad**  
**-Turkey and -Cheese Wrap**  
**-Ham and -Cheese Wrap**  
**-Garden Salad**  
**-Yogurt Platter**

**Monday**  
**Ham Chef Salad**  
**Tuesday**  
**Turkey Chef Salad**  
**Wednesday**  
**Chicken Caesar**  
**Thursday**  
**Egg Salad Platter**  
**Friday**  
**Turkey Salad Platter**

**Please Be Advised:**

Last year's Free and Reduced applications are effective until a current year application is received OR September 30<sup>th</sup>, whichever occurs first. As of October 1<sup>st</sup>, students must have a new approved application on file or pay for meals.

\*Menus are subject to change without notice