




HIGH SCHOOL BREAKFAST

Welcome Back



Breakfast Reduced \$0.25
 Breakfast Paid \$1.00
 Adult Breakfast \$2.25

Monday

 6	Labor Day
13	Waffles with Syrup
20	Waffles with Syrup
27	Waffles with Syrup

Tuesday

7	Scrambled Cheesy Eggs Breakfast Potatoes
14	Scrambled Cheesy Eggs Breakfast Potatoes
21	Scrambled Cheesy Eggs Breakfast Potatoes
28	Scrambled Cheesy Eggs Breakfast Potatoes

Wednesday

8	French Toast with Syrup
15	French Toast with Syrup
22	French Toast with Syrup
29	French Toast with Syrup

Thursday

9	School Holiday
16	Cheddar Cheese Omelet
23	Cheddar Cheese Omelet
30	Cheddar Cheese Omelet

Friday

10	Stacked Pancakes with Syrup
17	Stacked Pancakes with Syrup
24	Stacked Pancakes with Syrup

SUNRIZE GRILL

Assortment of Sandwiches Available Daily (3 Different Sandwiches Daily)

Choice of a toasted Bagel or an English Muffin, with Egg, Ham and/or Cheese, all wrapped and ready to go!

Grab one and get to class!

CEREAL BAR

GOOD FOR YOU

Assorted Cold Cereal with Choices of Milk Available Daily

Hot Oatmeal Available Daily

BUILD A MEAL

Choose an Entree + Take a Fruit
 Fresh fruits and veggies.
+ Grab a Milk
 Low fat, Choc, and Skim

**Yogurts Available Daily*



BAGEL BAR

JUMBO SIZE
 Slice, Toast and Top Your way.....everyday

Cream Cheese, Jelly, Butter Substitute Available Daily

*Selection of Assorted Breads Available with Each Meal.

Please Be Advised:

Last year's Free and Reduced applications are effective until a current year application is received OR September 30th, whichever occurs first. As of October 1st, students must have a new approved application on file or pay for meals.

*Menus are subject to change without notice